

# FEMA Region 10 Youth Preparedness Council (R10 YPC)



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**FEMA Region 10  
Youth Preparedness Council**

# Overview

- 9 teens, grades 8-12
  - WA – Ritusha, Teagan, Gabby
  - OR – Shruthi & Gokul
  - ID – Amber & DJ
  - AK – Blake & Taya
- 2 peer mentors from National YPC
  - Lathan & Nicole
- 2 year term
- Established August 2018
  - Stemmed from National YPC



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# The Vision

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To bring youth to the table to share their voice and perspective in emergency management, and to engage them in helping spread the preparedness message.



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# Why Youth?!

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- 25% of the population and 100% the future!
- Informed and empowered youth can be influential leaders, connectors, and educators
- May connect with hard-to-reach populations through friends, peers, schools, families, community groups, clubs, etc.
- Request for more youth involvement at state roundtables
- Youth bring innovative and refreshing perspectives



**TheEmergencyPreparedness**

@EmergencyHen

Hi, I'm Daisy, Also known as The  
Emergency Preparedness Hen. Here, I'll  
inform my viewers on updates and tell



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# R10 YPC Structure

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- Offered spot on R10 YPC to select applicants who were not selected for FEMA HQ YPC
- Worked with State, Tribal, and community partners to ensure full council
- Quick turn around, lots of paperwork! Waivers/agreements from guardians
- August 2018 Kick-off meeting – huge success!
- Ongoing meetings, milestones, and opportunities



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# The Kick-off Meeting!

Two days of:

- Activities!
- Team building & group work
- Emergency mgmt. overview
- Professional development
- Group work
- Tours
- Connections/introductions



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# FEMA Region 10 Youth Preparedness Council



## Region 10 Youth Preparedness Council (YPC) Meeting

August 14-15, 2018

### Day 1 (August 14):

- 8:00am – 8:15am **Arrival, Registration, and YPC Member Portraits**
- 8:15am – 8:20am **Introduction and Logistics**  
Mike Davenport, Emergency Management Specialist, FEMA Region 10  
Ilyssa Plumer, Individual and Community Preparedness, FEMA Region 10 (CTR)
- 8:20am – 8:30am **Welcome!**  
Scott Zaffram, Federal Preparedness Coordinator, FEMA Region 10
- 8:30am – 9:00am **Introductions & Human Bingo**  
Tiffany Anderson, Deputy Federal Preparedness Coordinator, FEMA Region 10
- 9:00am – 9:15am **YPC Mission and Vision**  
Tiffany Anderson
- 9:15am – 9:25am **Introduce Project Teams**  
Ilyssa Plumer
- Citizen Responder
  - Community Preparedness Outreach
- 9:25am – 9:50am **Meet State Emergency Management (EM) Partners and Discuss State Priorities**
- Aaron Blake – Community Preparedness Coordinator, Idaho Office of Emergency Management
  - Michelle Torres – Outreach Branch Chief, Alaska Division of Homeland Security & Emergency Management
  - Rosanne Garrand - Disaster Preparedness Outreach Program Manager, Washington State Office of Emergency Management
  - Paula Towne- Serve Washington, Citizen Corps & CERT Program Coordinator
- 9:50am – 10:00am **Break**
- 10:00am – 10:15am **VTC with FEMA HQ**  
Individual and Community Preparedness Division Staff, FEMA HQ
- 10:15am – 10:40 am **Presentation/Q & A with Current Region 10 National YPC Members**  
Lathan Chatfield and Nicole Muñoz-Casalduc
- 10:40am – 11:40am **Being a Preparedness Ambassador**  
Mike Davenport and Ilyssa Plumer
- 11:40am – 12:40pm **Lunch (on your own)**

12:40pm – 1:20pm

### Activity

1:20pm – 2:20pm

### Whole Community Preparedness Programs Panel

- CERT – Michelle Torres
- Map Your Neighborhood – Rosanne Garrand
- My Preparedness Initiative – Paula Towne
- The Great ShakeOut EQ Drill – Aaron Blake
- American Red Cross – Deb Crosby
- Seattle Communications Hubs – Cindi Barker
- FEMA's Individual & Community Preparedness Program – Ilyssa Plumer

2:20pm – 2:30pm

### Break

2:30pm – 3:30pm

### Project Work Time

3:30pm – 4:00pm

### Activity

4:00pm – 4:30pm:

### Debrief, Questions, Plan for Next Day

7:00pm – 8:00pm:

(Optional): Evening activity for the teens and dinner nearby for the chaperones. The activity is at *Quest Factor Escape Rooms* in Shoreline, WA (approximately 15 minute drive each way). Address: 1207 N. 152<sup>nd</sup> St. Ste C., Shoreline, WA 98133



## FEMA Region 10 Youth Preparedness Council



### Day 2 (August 15):

- |                   |   |
|-------------------|---|
| 8:00am – 8:15am   | <b>Arrival and Security Check-in</b>  |
| 8:15am – 8:20am   | <b>Welcome Back!</b><br>Tiffany Anderson  |
| 8:20am – 9:00am   | <b>Public Speaking, Media &amp; Social Media</b><br>Savannah Brehmer, External Affairs, FEMA Region 10  |
| 9:00am – 10:00am  | <b>Project Work Time</b> (Concurrent session with Chaperones on reimbursement)  |
| 10:00am – 10:10am | <b>Break</b>  |
| 10:10am – 11:30am | <b>Extreme Events Activity</b>  |
| 11:30am – 12:45pm | <b>Lunch (on own), Meet at FEMA Regional Center at 12:45pm</b><br>130 228 <sup>th</sup> St. SW Bothell, WA 98021  |
| 12:45pm – 2:00pm  | <b>Tour at the Federal Regional Center (FRC)</b><br>Mobile Emergency Response Support & Regional Response Coordination Center   |
| 2:00pm – 2:30pm   | <b>Talk with Recovery Division Contacts</b> <ul style="list-style-type: none"><li>• Recovery Division, Mass Care - Terri Giles</li><li>• Recovery Division, Voluntary Agency Liaison – Mike Riedy</li></ul> |
| 2:30pm – 2:45pm   | <b>Drive back to the Northview Corporate Center (NCC)</b><br>20700 44 <sup>th</sup> Ave. W. Lynnwood, WA 98036  |
| 2:45pm – 3:30pm   | <b>A Glance at the Year Ahead</b><br>Mike Davenport & Ilyssa Plumer   |
| 3:30pm – 4:00pm   | <b>Project Presentations</b>  |
| 4:00pm – 4:15pm   | <b>Certificate Ceremony</b><br>Presented by Mike O'Hare, Regional Administrator, FEMA Region 10   |
| 4:15pm – 4:30pm   | <b>Closing Remarks &amp; Group Photo</b><br>Scott Zaffram   |



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	<b>B</b>	<b>I</b>	<b>N</b>	<b>G</b>	<b>O</b>	
Has practiced a home evacuation drill	Is a Certified Emergency Trauma Technician	Is from Washington	Has been involved in My Preparedness Initiative (MyPI)	Has never been to the east coast	Has a hidden talent (Ask for proof)	Has lived on an island
Prefers Jimmy John's over Subway	Was born in another country	Volunteers for the Red Cross	Favorite color is blue	Has taken public transit before (bus, train, etc)	Is from Idaho	Speaks 3 or more languages
Has the same birth month as you	Has been to the Seattle area (Puget Sound) before this event	Is a member of a CERT Program	Has an In Case of Emergency contact programed into their phone	Currently serves on a Youth Council outside of the Region 10 YPC	Implemented a preparedness program in their school or community	Is a disaster survivor
Is from Alaska	Favorite food is sushi	Has taken a selfie in the last 24 hours	<b>FREE SPACE</b>	Is from Oregon	Has an up to date emergency kit prepared for 3 days without help	Lives in a rural area
Has responded to/helped after an emergency or disaster	Has met someone famous (ask who)	Knows what the Cascadia Subduction Zone is (Ask for proof)	Prefers Subway over Jimmy John's	Volunteers regularly	Is left handed	Has taken ICS 100
Wears contacts	Enjoys swimming	Observed the 2017 Solar Eclipse	Has participated in a community emergency drill/exercise	Is currently wearing a FEMA badge	Has been trained as a nursing assistant	Has traveled abroad
Has been in an earthquake	Has a pet	Does not have Facebook	Is part of a Medical Reserve Corps	Plays an instrument	Been on a debate team	Is First Aid & CPR certified



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Breakout discussions per state!

- State priorities
- Messaging
- Programs/initiatives
- Youth engagement opportunities



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**Thank you, State & Community Partners!**







Prepare 4 Life



Schpeels on  
Wheelz



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extreme events earthquake  
scenario exercise!



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## Tour of the Mobile Emergency Response Support (MERS) facility



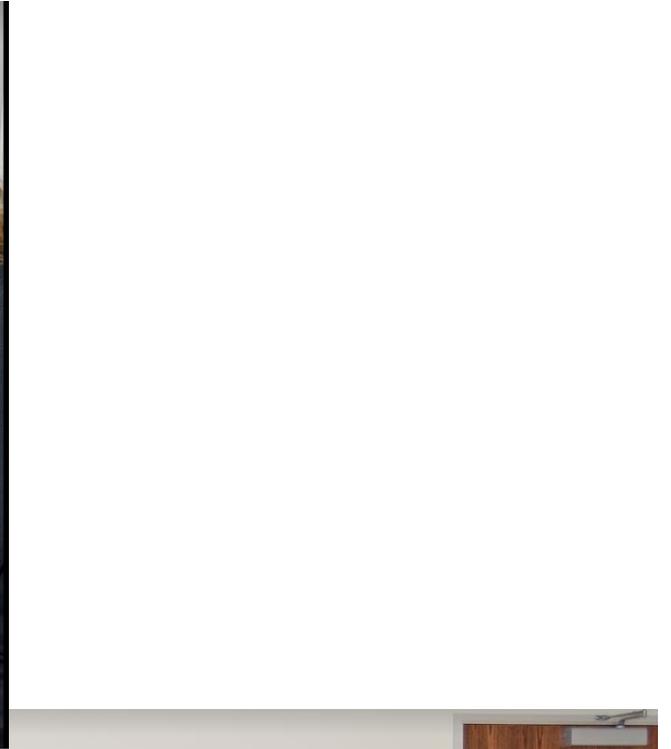
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# Tour of the Regional Response Coordination Center (RRCC)



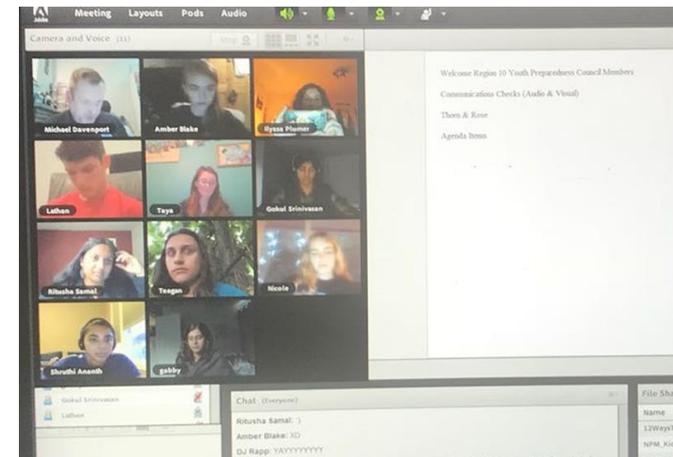
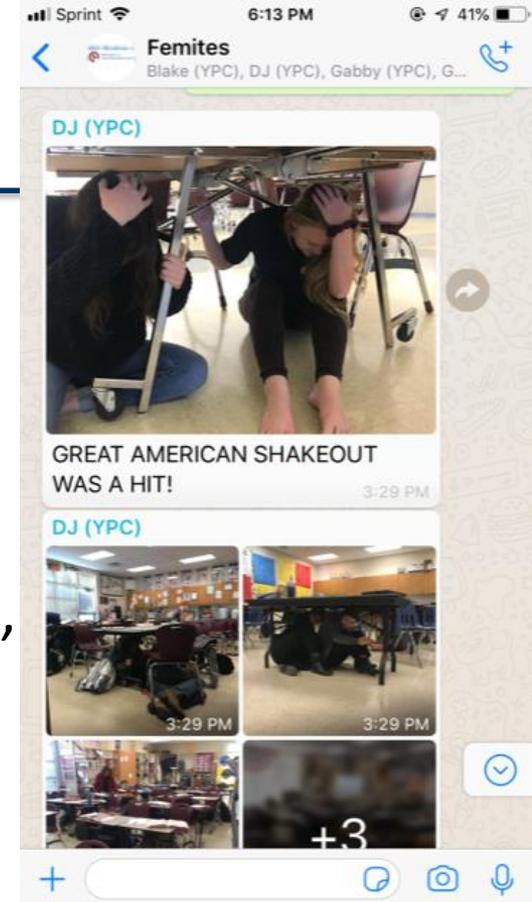
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# R10 YPC Structure Cont.

- Regular check-ins, activity logs, and virtual meetings
- Communications: email and WhatsApp
- Introduce to state and local points of contact, and help connect with outreach events
- Independent and group projects
- Next round of applications for HQ YPC coming up – applications due March 31
  - Will help feed R10 YPC



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# Reporting & Documentation

FEMA REGION 10 YOUTH PREPAREDNESS COUNCIL STARTUP WORKBOOK

## Activity Log

### Activity Log

Please turn in your updated log on the 5th of every month.

First Name, Last Name, Region #

Project Title

Project Description

Project Goals

- 1.
- 2.
- 3.
- 4.

Project Milestone Tracker

Your milestones will depend on what kind of project you're doing. Examples may include identifying the date and location of an event you plan to hold or meeting with community partners to help with your project.

- 1.
- 2.
- 3.

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@FEMARegion10

Following

#TBT @FEMARegion10 #YouthPrep Council members did great #NatlPrep Month activities last weekend! Blake went to @Lowes in #Wasilla, #AK, Shruthi & Gokul were in Independence, #Oregon, & Amber spoke about pets & livestock in Rigby, #Idaho (she even brought her 🐔!).



1:00 PM - 20 Sep 2018

Idaho Office of Emergency Management, OregonOEM, Alaska DHS&EM and Mike Davenport

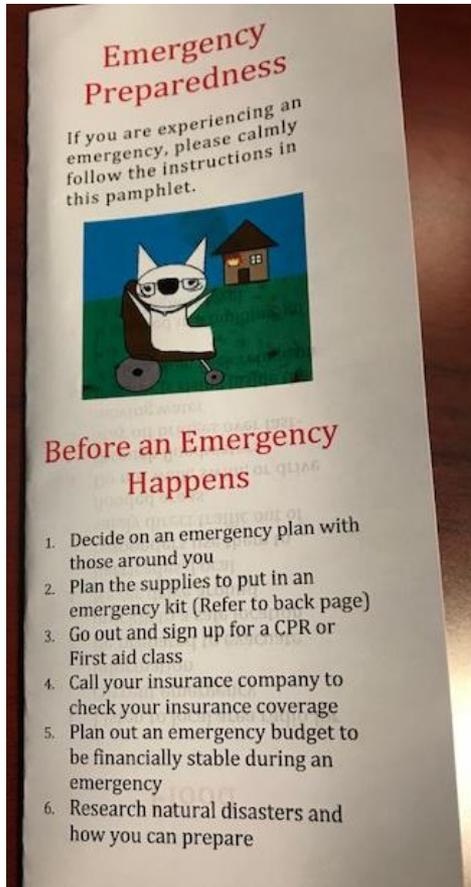
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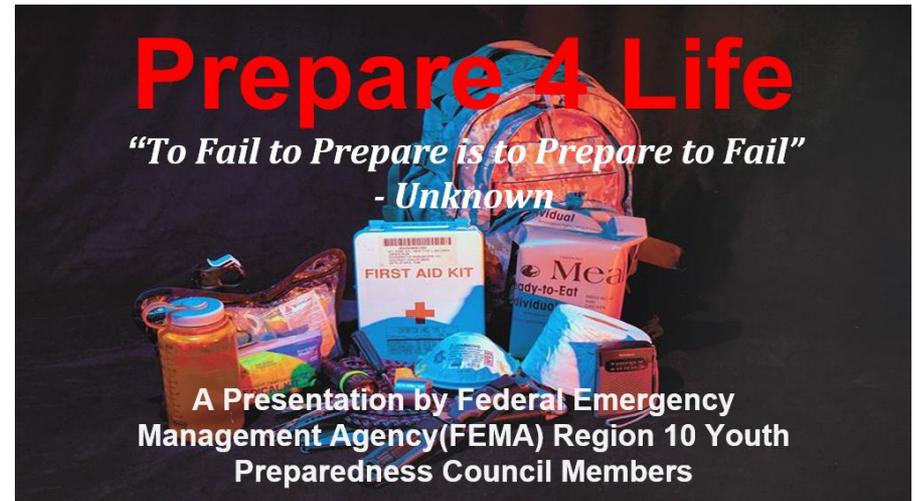
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# R10 YPC Group Projects!

## Schpeelz on Wheelz



## Prepare 4 Life



## Outreach Toolkit

- Customized Brochure
- PowerPoint Presentation



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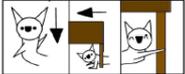
# R10 YPC Group Projects! Schpeelz on Wheelz

## Earthquake

Indoors:

1. **Drop, Cover and HOLD ON** until the shaking stops
2. Cover your head and neck with your arms
3. If in bed, stay there
4. Stay away from doorways and glass windows
5. Wait for the shaking to stop, and then exit when it is safe to do so
  - a. Do NOT use elevators
6. If you smell gas, get out of the house
7. If you are in a high-rise building, expect fire alarms to go off

...Drop! Cover! Hold on!



Outdoors:

1. Drop to the ground away from dangerous areas
2. If in a vehicle, pull over and stand in car with seatbelt on and stop
3. If a power line falls on your vehicle, do not get out. Wait for assistance
4. If you are in a mountainous area or be alert for falling rocks and other debris

## Emergency Supplies

It is important to have enough food, water, and supplies to sustain yourself for a minimum of two weeks.

- Flashlight
- First Aid kit
- Whistle
- Batteries
- Dust Mask
- Deck of Cards
- Water
- Non-perishable food
- Wrench or pliers to turn off utilities
- Battery-powered radio
- Can opener for food
- Emergency Blanket
- Work gloves
- Goggles to protect eyes
- Matches

## Emergency Preparedness

If you are experiencing an emergency, please calmly follow the instructions in this pamphlet.



## Before an Emergency Happens

1. Decide on an emergency plan with those around you
2. Plan the supplies to put in an emergency kit (Refer to back page)
3. Go out and sign up for a CPR or First aid class
4. Call your insurance company to check your insurance coverage
5. Plan out an emergency budget to be financially stable during an emergency
6. Research natural disasters and how you can prepare

## Tsunami

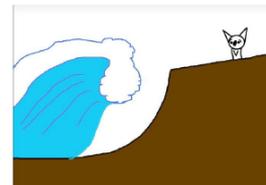
1. Safely evacuate any damaged building
2. If near the coast with a risk of a tsunami, remain calm, informed, and ready to follow evacuation route to high ground
3. Check gas and electric lines for damages
4. If you have a radio, turn it on to listen for updates
5. Activate your communication plan with your friends and family - Text messages typically go through more than calls
6. Have your emergency supplies ready to use

## House Fire

1. Evacuate if fire does not immediately die down. Most portable extinguishers empty in 8 seconds
2. Crawl low under any smoke to your exit
3. Use the back of your hand to feel the door for heat before opening any doors
4. If you find yourself stuck, close the door and cover vents and cracks with wet cloth
5. Once out, have someone call 9-1-1

## Power Outage

1. Use your non-perishable foods
2. Check on your neighbors
3. Go to a community location with power if it is extreme
4. Eliminate unnecessary travel, especially by car
5. Use flashlights in the dark, not candles
6. Leave one light turned on so you will know when the power comes back on



## Flood

1. Listen to local area radio for current emergency information
2. Be prepared to evacuate quickly to a safe location
3. Never drive around barricades. Local responders use them to safely direct traffic out of flooded areas
4. Do not walk, swim, or drive through floodwaters
5. Stay off bridges over fast-moving water
6. If water is rising inside the vehicle, then seek refuge on the roof
7. If trapped in a building, go to the highest level



Prepared by the:

FEMA Region 10  
Youth Preparedness Council

Special thanks to [www.ready.gov](http://www.ready.gov) and the American Red Cross for this information



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# R10 YPC Group Projects! Prepare 4 Life

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## Prepare 4 Life

*“To Fail to Prepare is to Prepare to Fail”  
- Unknown*



A Presentation by Federal Emergency  
Management Agency(FEMA) Region 10 Youth  
Preparedness Council Members

## What is a Natural Disaster?

a natural event such as a flood, earthquake, or hurricane that causes great damage or loss of life

- Earthquakes
- Hurricanes
- Tsunamis
- Wildfires
- Floods
- Tornadoes



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# R10 YPC Group Projects! Prepare 4 Life

## What can we do? PREPARE!

Disaster can strike at any moment, no matter what your geography is.

- Family Action Plans
- Go-Bags
- Preparedness Drills
- Stay Informed

## FAMILY DISASTER PLAN!

1. Make a map!
2. Consider your **WHOLE** family (pets can be included)
3. **PRACTICE MAKES PERFECT**
4. Talk to your parent(s) or guardian



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# R10 YPC Group Projects! Prepare 4 Life

## Resources to Help You get Prepared

Stop the Bleed, Community Emergency  
Response Teams (CERT), [www.Ready.gov](http://www.Ready.gov)

### What is it...?



- 1 Hr. Presentation
- Training
- Practice
- Certification
- Start Saving Lives



### What is CERT?

The Community Emergency Response Team (CERT) program helps train people to be better prepared to respond to emergency situations in their communities.

#### Skills Covered Include:

- Disaster Preparedness
- Fire Safety & Suppression
- Triage & Disaster Medical Treatment
- The Incident Command System
- Search & Rescue
- Disaster Psychology
- Terrorism Response
- Radio Communications



# R10 YPC Accomplishments

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- Group project deliverables
- Stop the Bleed Instructor & Trainings
- Media Interviews:
  - [Oregon Public Broadcasting](#)
  - King 5 camp promotion
- Preparedness presentations
- Outreach events/booths
- CERT training and exercise support
- Peer support and engagement network

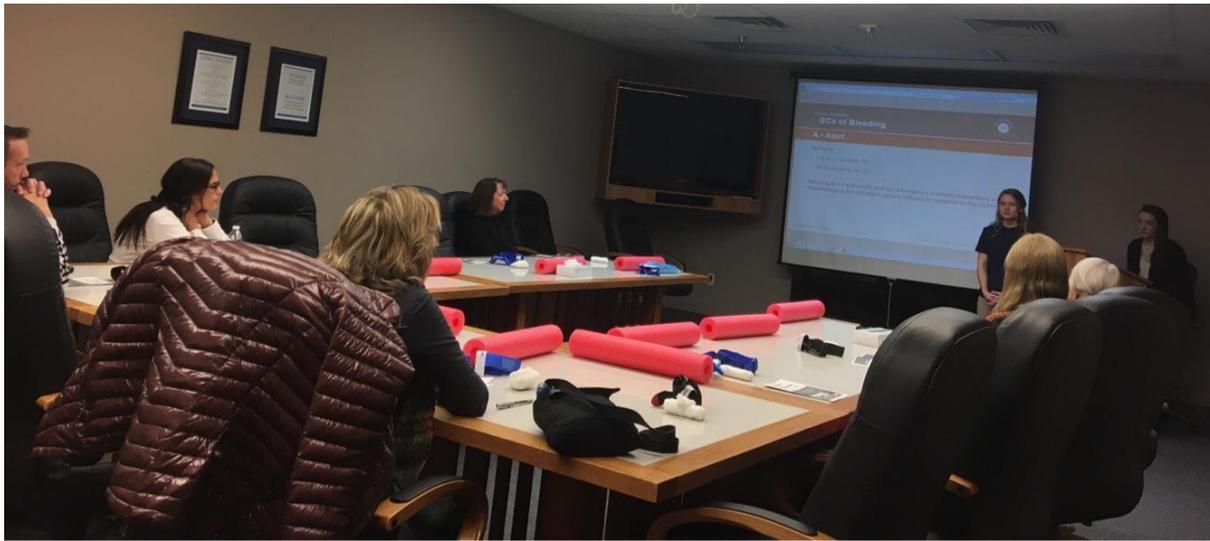


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# R10 YPC Members from AK!

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Taya Warren – Sitka

Blake Rogers – Big Lake



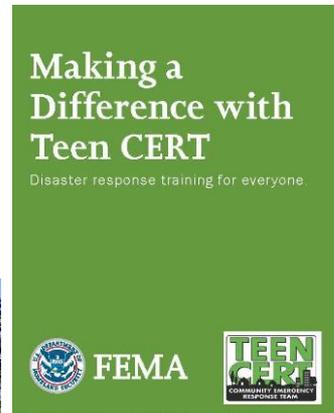
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# R10 Youth Preparedness Camp

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**August 18-23, 2019 in Stanwood, WA**

- Six Day – Five Night Camp Focused on Teaching Youth Valuable Disaster Preparedness Skills
  - 40 Campers (Grades 8-12) Representing R10 States and Tribes
  - CERT, Stop the Bleed, You are the Help, Leadership, and Camp fun!
- Includes Give-Back Projects to Improve Preparedness in their Communities



# Camp Application Status

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Nearly 200 applications, 90 of which were from AK!!!

Clearly, there's a lot of interest. Let's keep the momentum going 😊



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Any Questions?



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